



INDIANAPOLIS ROWING CENTER

INDEPENDENT ROWING WAIVER & RELEASE OF LIABILITY

FOR HIGH SCHOOL STUDENTS AGED 18 OR OLDER USING PERSONAL EQUIPMENT

Participant Name: _____

Date of Birth: _____ (Must be 18 or older)

Equipment Description (Make/Model): _____

1. RELEASE OF LIABILITY & ASSUMPTION OF RISK

I, the undersigned, acknowledge that rowing is a physically demanding activity that carries inherent risks, including but not limited to: drowning, hypothermia, collisions with other vessels or debris, and equipment failure.

- Independent Rowing: I understand that rowing "independently" means I am rowing outside of supervised practice times without a coach or safety launch present.
- Personal Equipment: I certify that I am using my own personal equipment and not IRC-owned shells, oars, or gear. I assume full responsibility for the maintenance, safety, and seaworthiness of my equipment.
- Flip-test: I understand that I must be able to efficiently pass a flip-test and an IRC coach must sign-off on my ability to row in a single before being granted this privilege to row independently.
- Release: I hereby release, waive, and discharge Indianapolis Rowing Center (IRC), its directors, officers, employees, and volunteers from any and all liability, claims, or causes of action arising out of my participation in independent rowing, including any injury or damage caused by negligence.

2. MANDATORY SAFETY RULES & GUIDELINES

I agree to strictly adhere to all IRC safety protocols. Failure to comply may result in disciplinary action, up to and including permanent removal from the club.

- **Open Boathouse Hours:** Independent rowing is permitted only during designated open boathouse hours and may not interfere with coached practice times.
- **Traffic Patterns:** I will follow all established water traffic patterns at all times
- **Weather & Temperature:** I will observe all water and air temperature rules (e.g., "Four-Oar Rule" or cold-water restrictions) and will not launch in hazardous weather, including whitecaps, high winds, or lightning.
- **Safety Equipment and Communication:** I will carry a functioning VHF radio or cell phone in a waterproof container at all times.

3. ACKNOWLEDGMENT & SIGNATURE

I have read this document and fully understand that I am giving up substantial legal rights by signing it. I represent that I am in good health, am a competent swimmer, and am signing this agreement freely and voluntarily.

Printed Name of Participant: _____

Signature of Participant: _____

Printed Name of Parent: _____

Signature of Parent(required): _____

Date: _____